

## THE ROLE OF GENERASI BERENCANA (GENRE) IN GUIDING TEENAGERS TO PREVENT YOUNG MARRIAGE

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### **Keywords**

*Role, GenRe,  
Preventing Young  
Marriage, GenRe  
Program.*

### **Abstract**

*Generation Planning (GenRe) has an important role in today's era. This is because GenRe is a place to go directly to the community, especially socialization in the field of education or school areas. The forum is PIK-R (Center for Youth Information and Counseling) which has a function to participate in schools in order to provide PKBR (Preparation of Family Planning for Teenagers) so that the realization of Tegar Teens which has the same goal as GenRe, which is to avoid TRIAD KRR (Sexuality, drugs, HIV and AIDS), delaying the age of marriage, and having a family plan to live a prosperous and happy life. The purpose of this study is so that adolescents can reconsider their plans to marry young before the ideal age and provide insight into the impact and preparation for young marriage. The object of this research is Duta GenRe and three people under the age of 20 who are not married. This research method uses qualitative research. The data was obtained by triangulation using primary and secondary data sources to prove the truth of the data. The results of this study are that GenRe has an important role for adolescents, especially as a source of knowledge in the field of marriage that is not obtained at the education level. Thus, knowledge of how to prepare for marriage is needed so that more young marriages do not occur.*

**Kata kunci**

Peran, GenRe,  
Mencegah  
Pernikahan Muda,  
Program GenRe.

**Abstrak**

Generasi Berencana (GenRe) memiliki peran yang penting di era saat ini. Hal itu disebabkan karena GenRe wadah terjun langsung ke masyarakat, khususnya sosialisasi pada bidang pendidikan atau kawasan sekolah. Wadah tersebut adalah PIK-R (Pusat Informasi dan Konseling Remaja) yang memiliki fungsi untuk terjun di sekolah-sekolah agar dapat memberikan PKBR (Penyiapan Keluarga Berencana bagi Remaja) sehingga terwujudnya Tegar Remaja yang memiliki tujuan sama seperti GenRe, yaitu terhindar dari TRIAD KRR (Seksualitas, Napza, HIV dan AIDS), penundaan usia pernikahan, dan memiliki perencanaan dalam berkeluarga untuk hidup sejahtera dan bahagia. Tujuan penelitian ini agar remaja dapat menimbang kembali rencana dalam menikah muda sebelum usia ideal dan memberikan wawasan mengenai dampak dan persiapan untuk menikah muda. Objek penelitian ini adalah Duta GenRe dan tiga orang di bawah usia 20 tahun yang belum menikah. Metode penelitian ini menggunakan penelitian kualitatif. Data diperoleh secara triangulasi dengan menggunakan sumber data primer dan sekunder untuk membuktikan kebenaran data tersebut. Hasil dari penelitian ini adalah GenRe memiliki peran penting bagi remaja terutama untuk sumber pengetahuan dalam bidang pernikahan yang tidak didapatkan di jenjang pendidikan. Dengan demikian, pengetahuan tentang bagaimana keadaan yang harus dipersiapkan dalam pernikahan sangat dibutuhkan agar tidak terjadi pernikahan muda lebih banyak lagi.

**INTRODUCTION**

Young marriages are marriages that occur under the minimum age. The case of young marriage is a case that has occurred in many areas. Indonesia is ranked 2nd in ASEAN and 8th in the world for child marriage cases. It is known that around 22 of the 34 provinces in the country have child marriage rates that are higher than the national average (Kompas, 2021). The United States (US) government has highlighted underage marriage and sexual exploitation of children through a report titled 2021 Country Reports on Human Rights Practices: Indonesia. The US displays court data on 33,000 child marriages with parental consent between January and June 2020. 60% of them involve individuals under 18 years of age (CNN Indonesia, 2022). Based on the information published, Indonesia is a country that has a high number of young marriages. Young marriage has an impact on aspects of education, mental aspects, health aspects, economic aspects and population aspects.

Guidance to youth about how much of a negative impact on young marriage is needed, so that the number of young marriages can decrease slowly. Young marriages occur because of the impact of lack of knowledge about various things that must be faced when getting married later, marriage is not just a matter of loving each other or wanting to have a sense of belonging. Marriage in Law no. 1 of 1974, namely the physical and spiritual bond between a man and a woman as husband and wife with the aim of forming an eternally happy family (household) based on the One Supreme Godhead, to achieve a happy and eternal family requires a provision and sufficient age.

When marriage has the meaning of forming a happy and eternal family, sufficient provision and age are needed, then every teenager is strongly recommended to marry at an adequate age. What is needed is not only sufficient in terms of age, but also mental, economic, health, and not to forget, sufficient education and knowledge in all aspects so that one can understand how to solve all problems that occur in the household. Adequate age will provide a better emotional side when facing various kinds of problems so as to reduce divorce cases.

In Cendana News, the Director of the Institute for Demographic and Poverty Studies (IDEAS) Research Institute, Yusuf Wibisono revealed, the divorce rate in Indonesian Muslim families increased from 73.7% in 2018 to 75.3% in 2021. The cause of divorce in Indonesian Muslim families, which is very dominant is that between husband and wife there are continuous disputes and quarrels. This dispute factor increased dramatically during the pandemic, from 46.6% in 2018 to 62.4% in 2021," said Yusuf. It can be concluded that the divorce factor occurs because a person's mental condition has not been fulfilled, giving rise to various disputes which result in not easily finding a solution because the mental condition is not fulfilled. So that when someone chooses to do a young marriage or marriage that is not yet of the ideal age, it will cause various impacts to occur in his life. Mature provision is necessary to achieve a happy and eternal family.

Badan Kependudukan dan Keluarga Berencana Nasional (BKKBN) is a government agency that has the task of controlling the population and implementing family planning. The BKKBN has a program developed to control the population in the youth world, namely Generasi Berencana (GenRe) (Maulana, 2021). The program of Generasi Berencana (GenRe) has target groups, namely unmarried adolescents aged 10-24 years, unmarried students, and families (Rini and Tjadikijanto, 2019). The purpose of developing GenRe is to create teenagers who have plans in education, career or work, and get married (Citrawathi and Adnyana, 2019).

The program of Generation Planning (GenRe) is a program that discusses aspects that need to be prepared and considered in marriage, there are five aspects, namely educational aspects, economic aspects, health aspects, mental aspects, and population

aspects. In the GenRe program, these five aspects are very much considered so that when providing counseling or socialization these five aspects are discussed and explained so that teenagers who do not know will know. The importance of these five aspects not only in the present life but for the future life is very necessary.

School children, students or teenagers who are under 21 years old for girls and 24 years old for boys need to know what impacts will occur or experience changes when they are married, GenRe is a program that focuses on preventing young people from getting married. Therefore, the GenRe program has a PIK-R platform, namely Youth Information and Counseling Centers spread across schools or universities (Handayani, 2020). PIK-R is a forum for the GenRe Program that focuses on educational institutions, PIK-R is a forum managed by, from, and for youth (Aziz, n.d.). The general goal of PIK-R remains the same, namely providing information on PKBR or the realization of Adolescents with healthy behavior, avoiding the risk of TRIAD KRR (Sexuality, Drugs, HIV and AIDS), delaying the age of marriage, having a family life plan to create a happy little family. prosperity, life skills, and become PKBR counseling and referral services (Anjani and Triana, 2021).

GenRe has an important role for youth in order to prevent young marriages with various sources of accurate information and appropriate sources of knowledge for adolescents, various guidelines and directions regarding marriage are given to adolescents face-to-face so that youth can easily catch and share stories directly. Experienced so that a solution can be given to run it instead of choosing to marry young without a briefing.

With the formation of this article, it is so that teenagers can reconsider their plans to marry young before the ideal age, find out information to teenagers about the impact that will occur on young marriage, know insights about things that must be prepared before marriage, know what aspects must be known and have a negative impact on young marriage, and received information that there are programs that provide insight in preventing young marriages.

## **RESEARCH METHODS**

The method used in this study uses qualitative research. In qualitative research, we use observational resources by dealing directly with someone to get data that is in accordance with what is needed, in addition to observation as a relevant method of research using key instruments where when conducting research, it is carried out without any tools such as questionnaires or questionnaire tests that become one way in the quantitative method.

Inductive research data analysis is carried out empirically without formulating hypotheses at the beginning of the study to be tested by empirical evidence that has been

obtained and data obtained by triangulation by obtaining data from other sources or from other parties to prove the truth of the data.

## RESULTS AND DISCUSSION

People who lack knowledge of how the impact will occur if married under the ideal age is one of the causes of young marriage, marriage is one of the long journeys of life, Generasi Berencana (GenRe) has a role in counseling teenagers so they can consider doing young marriage because it has a lot of unfavorable impact on a marriage.

In the results of the interviews that we have conducted with the presenters of the Generasi Berencana (GenRe) material, namely GenRe Ambassadors. Speakers in the Generasi Berencana (GenRe) activity are teenagers who have been trained or GenRe Ambassadors to provide socialization about marriage that will be given back to teenagers, so that the method used does not make teenagers feel awkward and makes it easy for teenagers to socialize to the presenters.

Generasi Berencana (GenRe) is a program created by the Badan Kependudukan dan Keluarga Berencana Nasional (BKKBN) as a forum that will interact directly with young people in Indonesia. Generasi Berencana (GenRe) was formed with the main aim that teenagers have a plan for the future, career, and education. When GenRe's goal is to make teenagers who have a plan, GenRe upholds the prevention of TRIAD KRR, namely Sexuality, Drugs, HIV and AIDS. The three things contained in the TRIAD KRR are problems that often occur in teenagers so that this becomes the focal point for GenRe so that teenagers can avoid these things by becoming teenagers who have a positive spirit.

GenRe has an important role for youth, especially as a source of knowledge in the field of marriage, which is not obtained at the education level, knowledge about how to prepare for marriage is needed so that there will be no more young marriages, GenRe conducts socialization in villages and schools, when GenRe goes directly to the community, GenRe has a forum that will go into the field of education or school areas, the forum is Pusat Informasi dan Konseling Remaja (PIK-R) which has a function to get involved in schools with the general goal of PIK-R is to be able to provide Penyiapan Keluarga Berencana bagi Remaja (PKBR) so that the realization of Tegar Adolescents who have the same goals as GenRe, namely to avoid the TRIAD KRR (Sexuality, Drugs, HIV and AIDS), delay the age of marriage, and have planning in a family so that they have prosperous and happy family.

GenRe has an ideal age for marriage based on the WHO (World Health Organization), namely the World Health Organization with a determination of the ideal age for marriage for women 21 years and 24 years for men, this age is believed to be the age that is ready in terms of health, mental, and education. GenRe sums it all up in five aspects, namely:

## 1. Educational Aspect

The educational aspect is an aspect that is taken into consideration and guidance in GenRe so that teenagers think about getting married young, namely with the educational background that has been taken by men who have a greater influence on this, at the age of 24 years is the result of consideration that at the age of 24 men -Men have completed their education up to S1 if they are broken down from the general age of entering elementary school, so that men have sufficient supplies to start a family.

## 2. Economic Aspect

The economic aspect is related to the educational aspect, when the age of 24 years is the general age for the end of education for men, then at the age of 24 years this becomes one of the considerations in the economic aspect that can be affected, namely the age that has reached 24 years old eat men. men already have jobs and work experience, so that when they are married, they already have a job that becomes one of the intermediaries in carrying out family life by supporting and connecting the economy for their children and wife in the future.

## 3. Mental Aspect

Mental aspect is one aspect that can be affected when married, GenRe has the ideal age for marriage, which is 21 years for women and 24 years for men, this age is based on the provisions of the World Health Organization or the World Health Organization (WHO) which believes that This age is an age that already has a mature mentality to deal with various things that will happen after marriage, because many things will be passed, both problems, differences of opinion, and so on which must be faced with a good mentality so as not to create divisions and create a happy family. and eternal.

## 4. Health Aspect

In the health aspect, there is an influence when married at an age below the stipulation will have an impact on the health of his wife and children later, when teenagers choose to marry at a young age, health will have a more dominant effect on women, because women who will conceive, so when teenagers choose to marry young is the age immature reproduction which can cause miscarriage and affect the child being born, which can cause stunting.

## 5. Population Aspect

The population aspect is an aspect that will affect the number of people who will increase when teenagers choose to marry young, by marrying young, it is worried that at a young age it will be easy to have many offspring and increase the population in Indonesia which can cause various impacts on jobs in the field. few while there are many job seekers and the increasing number of citizens in Indonesia.

Submission of material provided by GenRe is from teenagers, to teenagers, and back to teenagers. This is in accordance with GenRe's target, namely for teenagers, the delivery of material provided from GenRe Ambassadors is one way to avoid awkwardness in providing guidance. In addition, the counseling carried out by GenRe in providing guidance on young marriage is carried out by interacting directly and communicating directly to the audience one by one, in this communication the audience is given the opportunity to ask questions, ask for solutions, and even tell directly to the instructor. To eliminate boredom, GenRe inserts games in between the guidance that is being given to the audience, so that the method used by GenRe gets recognition from the audience that the activities provided are clear, not awkward, and not boring.

Counseling on activities carried out by GenRe is indeed more often delivered by GenRe Ambassadors, but does not require the possibility that the delivery of material is provided other than GenRe Ambassadors, namely doctors who are experts in the required field, or parties from the BKKBN directly. Submission of material provided other than GenRe Ambassadors occurs when the audience, who is the community but is dominant, is over the age of 24 years or can be called no longer teenagers. When GenRe came down to the community, it was focused on providing guidance to teenagers aged 10-24 years, but at certain times, there were activities that did provide socialization to people over the age of 10-24 years, so that speakers in delivering material were no longer carried out by the Ambassador GenRe.

Prevention of young marriage is delaying the age of marriage until it reaches a mature enough age from the five aspects that have been described, in achieving these five aspects there is a time that must be filled with useful activities, so that in preventing young marriage when conducting guidance GenRe provides suggestions in filling time with useful things, not only the advice given, GenRe provides opportunities for teenagers if they want to take part in the activities contained in GenRe or join GenRe. This can help teenagers to be more productive and not waste time in vain.

At this time, young marriages have occurred. GenRe takes a role in delivering material among the community by providing material on Penundaan Anak Pertama (PAP) so that people can still avoid the impacts that will occur on the five very influential aspects, namely the educational aspect, the economic aspect, health aspects, mental aspects, and population aspects. The provision of PAP materials is expected to provide opportunities for young marriages to prepare for these five aspects.

## CONCLUSION

Generasi Berencana (GenRe) has a role in preventing young marriage, the role it has as a mentor or counselor to adolescents aged 10-24 years by conveying what materials will be affected when married and how it impacts, the impact of marriage easily affects five aspects that play a role in the happiness and eternity of the household, namely the educational aspect, the economic aspect, the mental aspect, the health aspect, and the population aspect.

Submission given by the GenRe Ambassador. In addition to engaging the community, GenRe has a forum that has the function of being involved in educational institutions, namely, Pusat Informasi dan Konseling Remaja (PIK-R). In providing guidance to GenRe youth, this is done by direct interaction and direct communication to the audience, on the sidelines of the guidance GenRe provides games so that the audience does not feel bored, so that the audience who has participated in GenRe activities admits that what GenRe conveys can be accepted by well and admits that GenRe really has a role to play in preventing young marriages.

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